Depression Scales

Link for Inventory of Depressive Symptomatology (IDS)

http://www.ids-qids.org/

For specific changes the BADS can be used to see if clients are activating more and avoiding less. A copy of the BADS is attached.

The Dysfunctional Attitude Scale (DAS) can be used to assess changes in depressive thinking throughout the course of therapy.


By far the best tool for clinicians is to obtain a copy of:


The BDI is available for purchase at the following link:

Here is a link to the scale.

A listing of PROMIS assessment tools available, including those for emotional distress and depression can be found at:
http://www.nihpromis.org/Search?cx=016889627462319252651:05qaf-vu-ao&cof=FORID%3A9;NB:1;&ie=UTF-8&q=Depression&sa=Search