

## Newsletter for Evidence-Based Behavioral Practice—Summer 2010

Throughout 2010, I have been privileged to collaborate with the EBBP Council, Scientific Advisory Board, and newly formed Practitioner Advisory Council to create new training resources on evidence-based practice. The groups have been hard at work giving workshops on teaching EBBP and creating resources on implementing shared decision-making in the real world. Here we describe these ventures, and provide information about new modules, continuing education credits, and blog pieces. In an effort to increase access to our resources, we request that you consider posting a link to the modules on your webpage.



Regards,  
Bonnie Spring, Ph.D., ABPP  
Professor of Preventive Medicine, Northwestern University  
Chair, Council for Training in EBBP

### EBBP Training Modules—[www.ebbp.org/training.html](http://www.ebbp.org/training.html)

The interdisciplinary Council for Training in Evidence-Based Behavioral Practice (EBBP), sponsored by National Institutes of Health's Office of Behavioral and Social Science Research (OBSSR), announces the availability of seven online modules available at [www.ebbp.org/training.html](http://www.ebbp.org/training.html): The EBBP Process, Searching for Evidence, Introduction to Systematic Reviews, Critical Appraisal, and Randomized Controlled Trials, as well as the following recent launched modules:

Shared Decision-Making with Individual Clients: Learn about the shared decision-making process as a practitioner working with individual clients. You will work through cases and attempt to balance the best available evidence with client preferences and resources in a clinical setting.

Collaborative Decision-Making with Communities: Learn about the collaborative decision-making process as a public health practitioner working with communities. You will work through a case from the point of view of a public health program manager working in a local health department.

### Evidence-Based Treatment Guidelines for APA

The American Psychological Association

(APA) Science and Practice Directorates have made extensive use of [www.ebbp.org](http://www.ebbp.org) in deliberating about whether and how to undertake evidence-based treatment guidelines. The decision to proceed represents a major and historic step forward for APA and one in which Council played a significant role. Dr. Spring has been appointed to a three-year term on the six-person Steering Committee that will oversee guidelines formulation.

#### Council for Training in Evidence-Based Behavioral Practice (EBBP)

##### Chair

Bonnie Spring, Ph.D., ABPP

##### Members

Ross Brownson, Ph.D.

Edward Mullen, D.S.W.

Robin Newhouse, Ph.D., R.N.

Stephen Persell, M.D., M.P.H.

Jason Satterfield, Ph.D.

##### Coordinators:

Molly Ferguson, M.P.H.

Stephanie Russell, M.P.H.

##### Scientific Advisory Board

David Barlow, Ph.D.

Larry Culpepper, M.D., M.P.H.

Gordon Guyatt, M.D., M.Sc.

Marsha M. Linehan, Ph.D.

Ann McKibbin M.L.S., Ph.D.

Maryann Napoli

Enola Proctor, M.S.W., Ph.D.

Mary Jane Rotherman-Borus, Ph.D.

Kathleen Stevens, R.N., Ed.D., F.A.A.N.

Steven Teutsch, M.D., M.P.H.

Myrna Weissman, M.S.W., Ph.D.

##### Practitioner Advisory Council (PRAC)

###### Practice with Individuals

Karen Oliver, Ph.D.

Judith DePue, Ed.D., M.P.H.

Jeanne Gabriele, Ph.D.

Jamie Studts, Ph.D.

###### Practice with Communities

Ross Brownson, Ph.D.

Elena Carbone, Dr.P.H., R.D., L.D.N.

Pam Eidson, M.Ed.

Jonathan N. Tobin, Ph.D.

Cynthia Vinson, M.P.A.

## **Affiliated Organizations (and liaisons)**

Academy of Behavioral Medicine Research  
(Bonnie Spring)

American Association of Colleges of Nursing  
(Elizabeth Poster)

American Psychiatric Nurses Association  
(Barbara Drew)

American Psychological Association, Clinical Child  
and Adolescent Psychology (Div. 53)  
(Thomas Ollendick)

American Psychological Association, Clinical  
Psychology (Div. 12) (David Klonsky)

American Psychological Association, Rehabilitation  
Psychology (Div. 22) (Michelle Meade)

American Psychological Association, Health  
Psychology (Div. 38) (Beverly Thorn)

American Psychological Association, Science  
Directorate (Steven Breckler)

American Psychosomatic Society  
(Mustafa al'Absi)

Association for Behavioral and Cognitive Therapies  
(Raymond DiGuiseppe)

Association of Psychology Postdoctoral and  
Internship Centers (Sharon Berry)

Association of Schools of Public Health  
(Elizabeth Weist)

Council of University Directors of Clinical  
Psychology

Institute for the Advancement of Social Work  
Research (Joan Zlotnik)

Medical Library Association (Kristin Hitchcock)

National Association of Chronic Disease Directors

National Association of Clinical Nurse Specialists  
(Jeff Jones)

National Association of Deans and Directors of Schools  
of Social Work (Katharine Briar-Lawson)

National Association of Social Workers  
(Elizabeth J. Clark)

Society for Behavioral Medicine  
(David Mohr)

Society for Medical Decision Making

Society for Prevention Research  
(Zili Sloboda)

Society for Social Work and Research  
(Martha Dore)

Society for Teachers of Family Medicine  
(Kim Marvel)

## **Continuing Education Credits**

Creative Education Concepts, Inc., a continuing education company, has accredited five modules for continuing education credit for physicians and nurses through ACCME and ANCC, and APA accredited the first three modules for continuing education credit for psychologists. In addition, we are in the application phase of pursuing continuing education credits for social workers through the National Association of Social Workers (NASW).

## **Essays by Experts in Evidence-Based Practice**

See "Conversations" on the Forum tab of the website for recent thought-provoking essays including the following:

*Shared Decision-Making and Evidence-Based Clinical Practice* by Arthur Elstein

*Not Just Efficacy and Effectiveness: The Need for Practical Evidence* by Jennifer Bellamy

*Evidence-Based Psychosocial Treatment for Pediatric Bipolar Disorder* by Amy West

*Advancing Children's Mental Health: Structures, Incentives and Paradigms to Close the Research to Practice Gap* by Peter Jensen

Look for upcoming pieces from members of the Practitioner Advisory Council (PRAC). Please join the dialogue!

## **International Congress of Behavioral Medicine 2010**

### Roundtable on the future of Evidence-Based Practice:

We held a roundtable on the EBBP Project at this year's ICBM meeting. The room was packed and included many international participants as well as members of the EBBP Council, PRAC, and Scientific Advisory Board. Suggestions were made for needed future resources, including downloadable training materials and a learning module to facilitate discussion about research between community members and scientists.

### Evidence-Based Practice in Global Perspective:

Our symposium held at ICBM addressed how evidence-based interventions can be tailored to a local individual or community. Speakers described their experiences in implementing evidence-based practice in under-resourced settings in Africa, South America, and Australia.

## **Other Presentations**

This year we also conducted a workshop on teaching evidence-based practice at the Society of General Internal Medicine Annual Meeting. Upcoming workshops at the Council for Social Work Educators and Association of Behavioral and Cognitive Therapies Annual Meetings will be held this fall.

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